

The Bread of Life

Precept® Discovery Study

First things first...

More than 5,000 people ate bread that was miraculously provided from a few loaves. Afterward, many sought Jesus, who told them they only seek Him because they ate the bread and were filled. That is, they wanted more of the same.

But Jesus tells them to seek a bread that doesn't perish, a bread He will give them if they believe in Him.

OBSERVE

1 Circle *bread*

2 Underline *believe(s)*

3 List from the text what you learn about bread from heaven.

4 What did you learn about *believe*? What is true for those who believe in Jesus?

APPLY

5 Contrast what the crowd wanted with what Jesus offers them.

6 What is the "true bread from heaven"?

7 How is wanting "more" a temptation for us?

WRAP IT UP:

Being human, our perspective on life is limited. When Israel was in the wilderness, they could see and taste the manna "from heaven." The people in Jesus' day were looking for something like that to believe Jesus. We, too, can be tempted to look for some "thing" to help us believe.

But Jesus said He is enough. He gave us Himself. We shouldn't want anything else in order to trust Him.

Decide and believe today that Jesus is the true bread from heaven, the bread of life, and you will never hunger.

John 6:29-35 ESV

- 29** Jesus answered them, “This is the work of God, that you believe in him whom he has sent.”
- 30** So they said to him, “Then what sign do you do, that we may see and believe you? What work do you perform?”
- 31** “Our fathers ate the manna in the wilderness; as it is written, ‘He gave them bread from heaven to eat.’”
- 32** Jesus then said to them, “Truly, truly, I say to you, it was not Moses who gave you the bread from heaven, but my Father gives you the true bread from heaven.
- 33** “For the bread of God is he who comes down from heaven and gives life to the world.”
- 34** They said to him, “Sir, give us this bread always.”
- 35** Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.

To discover more about the Precept® Bible Study Method, sign up for a training workshop! The Essentials of the Precept Bible Study Method class is the perfect place to begin—learn more at [training.precept.org!](https://training.precept.org/)

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